

St Martin's School

Headteacher: Mrs K. Bartlett

Chair of Governors: Mrs L Chorley

PSHCE Intent Statement

Our vision at St Martin's is for children to feel happy and safe, and become lifelong learners, who know they can make God's world a better place.

At St Martin's, within PSHCE we aim to develop happy, confident children who understand how to look after themselves, others and the world around them. We want children to have the skills necessary to carefully consider information and opinions from a range of sources and people before deciding on their own personal beliefs and opinions. From Year R to Year 6, we develop children's understanding of themselves, their bodies, their emotions and their wellbeing. We encourage children to choose to lead a healthy lifestyle and to understand the importance of diet, exercise and mental wellbeing. By the end of Year 6, children should have a good understanding of relationships and how these grow, change and develop over time. We aim to develop their understanding of different relationships, including families, friendships, communities and sexual relationships, the difference between healthy and unhealthy relationships and how to get help if necessary. We hope to equip children with the skills necessary to keep themselves and others safe at home, at school, in the local community and online. Finally, we aim to develop children's understanding of the wider world, through learning about different communities, societies, cultures and beliefs. Above all, we develop children into global citizens who have a good understanding of what is right and have the skills, self-belief and confidence to make God's world a better place.

At St Martin's, we aim to link PSHCE to our school values:

Respect – we aim to teach children to respect everyone, including themselves, and to celebrate their own and others' uniqueness, to listen to each other and to value the opinions of others. **Friendship** – we aim to teach children to work with their peers to discuss ideas and opinions and to understand how they can help everyone feel happy, safe and secure.

Courage – we aim to teach children to show courage to express their own opinions and viewpoints and to stand up for what they feel is right.

Creativity – we aim to teach children to think creatively when discussing and trying to solve ethical and controversial issues and to find their place in society and understand how they can make changes to create a better world.